



Grimsby Skating Club – Ice Etiquette Rules and Guidelines

The Grimsby Skating Club understands the importance of providing a safe training environment for our skaters.

At the Jr/Int/Sr level skating becomes a more individual sport, included in this document are some “Ice Etiquette Rules and Guidelines” that all skaters should be aware of in order to ensure that everyone can make effective use of their ice time. *****Coaches and board members have the right to enforce these rules*****

1. COURTESY

First and foremost is Courtesy. Please make sure to respect all the other skaters and coaches both on and off the ice. Please make sure to use your manners at all times “please” and “thank you” should be used when asking for music, asking to get off the ice, and at the end of every stroking class/private lesson. “Excuse me” and “I’m sorry” should be used in the event that the skater happens to be in the right of way to another skater.

Inappropriate language and disruptive behavior is unacceptable and will not be tolerated.

2. MUSIC/ICE PRIORITIES

Music Priorities – Please remember to be **RESPECTFUL** to the volunteer who is playing music. Coaches have music priority, then skaters. Please also consider your fellow skaters, asking for your music multiple times per session makes it difficult for everyone to get their music played. We encourage skater to work on their program both with and without music.

Ice Priorities - a skater whose music is playing has the right of way at all times. Other skaters and coaches are expected to give them the space they need. Second in priority are skaters who are in a lesson with their coach.

3. SPINNING/JUMPING GUIDELINES

Spinning – Whenever possible, it is safest to practice your spins in the middle of the ice. The exception to this guideline is when a skater is practicing their solo, they will need to practice the spins where they have been choreographed, and be extra careful of the skaters around them. **Especially when practicing camel spins.**

Jumping – Most of the jumps require a great deal of speed and set up time. Jumps are usually practiced in the corners of the ice surface. **Spinning or standing in corners is to be avoided at all possible times.**

4. FALLS AND INJURIES

If you should fall, please get up and skate to the side quickly. This will avoid any further collisions and keep our skating sessions moving efficiently. **If you suspect that someone is seriously hurt, please notify a coach!**

5. PREDICTABILITY FOR EFFICIENT PRACTICE SESSIONS

It is important to educate yourself on whose music is playing, and where they generally practice their jumps and spins. As the season progresses, you will recognize that a practice session has a certain "rhythm" to it. You can usually start to predict where the other skaters are going, based on the normal approaches/set ups for jumps and spins, and the general patterns for skills and dance. Please be aware that there are some skaters that jump and spin the opposite way. If you're standing near the boards, check both ways before entering the flow of skaters.

Refrain from standing around and visiting on the ice. This wastes expensive ice, creates undesirable work ethics, and presents an additional hazard for other skaters to avoid.

6. SKATING ATTIRE/BEVERAGES

Proper skating attire is essential for skaters. Please avoid wearing jackets/sweaters with hoods, and loose clothing. Long hair should be tied back. It is important to stay hydrated! Beverages at ice level must be in non-breakable containers. We strongly recommend that the beverage of choice is water. It is also advised that skaters bring Kleenex with them to the boards.

Please remember to keep all doors closed!