

GENERAL INFORMATION

- Skaters must remain on the ice during their session
- No food, drink or chewing gum on the ice
- CanSkate skaters must wear CSA approved hockey helmets and suitable skating attire
- Canskate Theme Days
- Family Skate Christmas Party
- Learn a life-long skill for fun and physical fitness



2011-2012 BOARD OF DIRECTORS

<u>President</u>	Stephanie Husband
<u>Vice-President</u>	Debbie Easterbrook
<u>Director</u>	Ingrid Beck
<u>Treasurer</u>	Stephanie Husband
<u>Secretary</u>	Robin Whaling
<u>Test Chair</u>	Lynne Cunningham
<u>Membership</u>	Debbie Easterbrook and Heidi Smith
<u>Volunteer Co-Ord.</u>	Debbie Easterbrook
<u>Technical Director</u>	Heather Morrison

2011-2012 COACHING STAFF

Stephanie Boromello	(905) 730-5683 sboromello@gmail.com
Cristalle Cranfield	(905) 563-7970 cristallesea49@sympatico.ca
Ivan Havranek	(905) 358-2834 skating@cogeco.ca
Carrie Hornby	(289) 389-4571 chornby@liive.ca
Adele Elliott	(905) 538-3255 adele64@hotmail.com
Heather Morrison	(905) 945-9422 heather.morrison@sympatico.ca
Kelly Bolibruck	(905) 563-7770 Kelly.walters@sympatico.ca

Please visit our website for Photos and Credentials for all of our coaching staff



COME SKATE WITH US!

Season runs September to March

No Hidden Fees

Please visit our website:

www.grimbsyskatingclub.com

Registration for all skating programs takes place at:

The Grimsby Peach King Centre

162 Livingston Ave.

- Thursday August 25, 6:00 - 8:00pm
- Saturday September 10, 12:00-2:00pm
- Monday September 12, 6:00- 8:00pm
- Or contact us to register throughout the season

LEARN-TO-SKATE PROGRAMS

Try us out for 3 weeks, and if you are not completely satisfied, we will refund your money less our \$35.00 Skate Canada Fee.

PRECANSKATE

Available on Mondays, Thursdays and/or Saturdays

PARENT & TOT

The parent joins the skater on the ice.
Available on Mondays, Thursdays and Saturdays

CANSKATE

Available on Mondays, Thursdays and/or Saturdays

These are Skate Canada's Flagship Learn-to-Skate programs for a beginner that teaches fundamental skating movements and basic skating skills. It is the feeder program for all other Skate Canada skating programs.



Available on Thursday evenings – come and join us for our learn-to-skate program or just to practice!



PRE-JUNIOR

Pre-Junior StarSkate Group is Skate Canada's Learn-to-Figure Skate program taught in a group format covering:

Skating Technique, Freeskate
Dance, Skills & Synchro.

This is a minimum two day program running on Mondays and your choice of Thursdays or Saturdays. These sessions include 30 minutes of group instructional time and 15 minutes open practice time on the ice.

It is recommended that skaters have at least CanSkate Stage 4 upon entering this level.

JUNIOR FREESKATE

Sessions available on Mondays, Thursdays and Saturdays.

Skaters must have passed:

- CanSkate Stage 6
- Skaters require a private coach
- suggested by Technical Director

New, longer group lesson times on Mondays designed to ease the transition from Pre-Junior

Sessions include 15 min. club time of instructed 'Skating Technique'

INTERMEDIATE FREESKATE

Sessions available on Mondays, Thursdays and Saturdays.

Skaters must have passed:

- Two complete Skate Canada Test Levels
- Or have passed one complete Skate Canada Test Level and be 11+ years of age

Sessions include 15 min. club time of instructed 'Skating Technique'

SENIOR FREESKATE

Sessions available on Mondays, Thursdays and Saturdays.

Skaters must have passed:

- Junior Bronze Freeskate
- Or be 13+ years of age

Sessions include 15 min. club time of instructed 'Skating Technique'

**Please call (905) 945-6711
for further information
on any of our programs
or email us at:**

info@grimsbyskatingclub.com



SKATECANADA